

Discharge after Joint Surgery

Your nurse will review all doctor's instructions with you and a family member or support person before discharge. If you have questions or concerns, a registered nurse is available 24/7 from Health on Demand: 607-737-4499. Learn more about Planning for your Hospital Discharge.

Ask your doctor about:

- How to care for your incision.
- How to manage pain.
- Activities that you are expected to do and those you should avoid.
- Where you need to go for Coumadin monitoring

Ask your care manager about:

- Rehabilitation at home, through an out-patient facility or a skilled nursing facility.
- Equipment recommended by your therapist or that you feel you may need.
- Home care and assistance.
- Insurance coverage for any of these needs.

Call your doctor if:

- You have a fever above 101°.
- Unusual pain not relieved by medication.
- Unusual redness.
- Heat or drainage from your incision site.
- Difficulty breathing or shortness of breath.
- Sudden onset of severe pain or limited motion in surgical site.

ArnotHealth

ORTHOPEDEICS

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Notify your dentist and other physicians that you have had orthopedic surgery. You may need antibiotics before you have dental work or other surgical procedures.